

2022 to 2023

C.O.P.E. Family Support Center
Counseling Options and Parent Education

We Listen
with impartial expertise.

We Care
about all families.

We Act
together with parents
and the community.

Our Mission
To strengthen family
relationships through
counseling options
and parent education.



Our Impact FY 2022-23

Total Served =
1,975

Total Classes and Workshops =
190

Total Counseling Sessions =
3,645



We served 1,975 youth, parents,
and families with evidenced
based programs and services.



We delivered Triple P Parent
Education to 1848 families.



We supported 71 fathers to
reunite with their children.



We engaged 127 teens
workshops teaching emotional
intelligence and self-regulation.



90%

Of parents reported
improvement in their
parenting skills .



93%

Of parents completed
all Triple P course work
and graduated the
program .



58%

Of families reported
improved relations
because of C.O.P.E.'s
programs and services.



"Our collective passion stems from holding a deep understanding of cycles of poverty and the important role that macro work and policy reform plays in breaking these cycles for individual, family, and community advancement. "

- Natasha Paddock, MSW, ASW, Executive Director



nurturing families and
encouraging healthy
relationships

copefamilysupport.org