



Triple P

Positive Parenting Program

Triple P Works!

Triple P—Positive Parenting Program—is a proven evidence-based program used throughout the world to improve parenting skills and reduce child abuse. Triple P is delivered at family resource centers, homeless shelters, truancy courts and mental health programs throughout Contra Costa County, serving families with children ages 1 to 17.

Triple P offers 5 levels of support:

- 1 Campaigns to promote parenting classes
- 2 Brief seminars on specific parenting topics
- 3 Brief one-on-one interventions or discussion groups targeting specific behavior problems
- 4 In-depth parenting education and coaching
- 5 Intensive family intervention and support



“Triple P is not a cookie cutter kind of parenting program. It fits any family in any situation. It works for everyone.”

—TRIPLE P PROVIDER

