



Triple P Parenting Class

For Parents of Children Ages 0-12

Children of all ages need a safe, secure, and loving environment to do well. Positive Parenting is an effective and practical approach to raising children that emphasizes the positive.

CLASS INFORMATION

WHEN:

July, 2021 (TBD)

6:00 – 8:00pm

WHERE:

C.O.P.E. Family Support Center via the Zoom video conferencing platform

Note : Participants must join with both audio and video to receive credit

Parents will learn to:

- Create a safe environment to promote healthy development and prevent accidents and injuries.
- Create a positive learning environment to encourage children to experiment, learn, and grow.
- Use Assertive Discipline and plan to manage potentially difficult situations.
- Have realistic expectations and utilize parenting strategies that work for *your* family
- Take care of yourself as a parent

Fee: \$50 per participant

For questions or to register, contact

C.O.P.E. Family Support Center

(925) 689 5811

www.copefamilysupport.org

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