

The Board of Supervisors of Contra Costa County, California

In the matter of Proclaiming January 2023 as Positive
Parenting Awareness Month in Contra Costa County.

Resolution No. 2022/9

WHEREAS, raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have as their first teachers; and

WHEREAS, all people have inner strengths or resources, yet many parents, caregivers, children, and youth — of every age, race, ethnicity, culture, and social identity — feel stressed, isolated, and overwhelmed, at times; and

WHEREAS, the Post-COVID-19 pandemic, climate crises, and racial injustices have exacerbated economic insecurity, inequalities, mental health challenges, domestic violence, discrimination, and other trauma experienced by families — particularly Black, Indigenous, Latinx, Asian, and other families of color that already experience inequities rooted in structural racism; and

WHEREAS, the quality of parenting or caregiving that includes grandparents, single parents, including fathers, foster parents, other family members and caregivers are powerful predictors of future social, emotional, relational, problem-solving skills, and physical health of children; and

WHEREAS, much research has confirmed that positive parenting prevents and supports healing of Adverse Childhood Experiences, including abuse, neglect, and household challenges, and other community and historical trauma, that triggers the toxic stress response, which impacts lifelong health and well-being occurring in the context of Adverse Community Environments that lack equity; and

WHEREAS, a positive parenting approach is a protective factor that strengthens family relationship and increases parents' confidence; and

WHEREAS, programs like evidence-based Triple P - Positive Parenting Program supported by C.O.P.E. Family Support Center -- is an international award-winning program with over 25 years of clinically proven, worldwide research and ranked #1 by the United Nations based on the extent of its evidence, and was recognized, acknowledged, and identified in the California State Child & Youth Behavioral Health Initiative as a support for behavioral health and wellness for Children and Youth; and

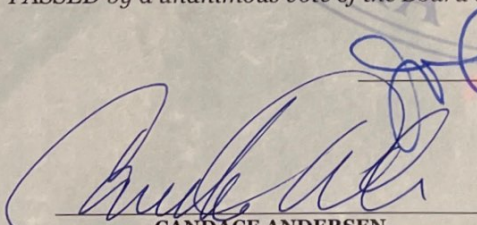
WHEREAS, organizations like Contra Costa County Office of Education, First 5 Contra Costa Children and Families Commission, Behavioral Health Services-MHSA, and Department of Employment and Human Services, support and encourage positive parenting through a population health approach using collaborative funding so that all families have equitable opportunities to access information and support in ways that respects their unique beliefs, traditions, customs, interests, and racial, ethnic, tribal, and cultural practices; and

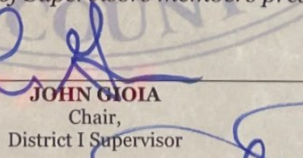
WHEREAS, Triple P-Positive Parenting, and other Positive Parenting Programs have benefited thousands of parents and children in Contra Costa County through proven strategies to strengthen relationships, promote children's healthy development, and is responsive to parenting challenges; and

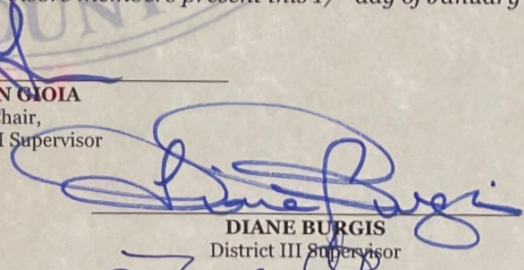
WHEREAS, everyone can play a vital role in supporting parents and caregivers to raise happy, healthy children; and during the month of January, by offering evidence-based parenting programs at sites such as, Child Abuse Prevention Council, Community Service Bureau, Early Child Mental Health (ECMH), Contra Costa County Office of Education and Charter Schools, C.O.P.E. Family Support Center, Family Justice Centers, First 5 Contra Costa Centers, Foster & Kinship Care Education, Lynn Center, Monuments Impact, Shelter, Inc., Pittsburg Unified School District, We Care Center, and many others, will be increasing awareness of the importance of Positive Parenting as a mental health protective and preventive measure in raising children; and

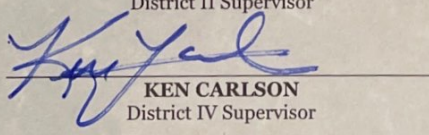
NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim January 2023 to be the 5th Annual Positive Parenting Awareness Month in Contra Costa County, California, and encourages parents to engage in positive parenting actions.

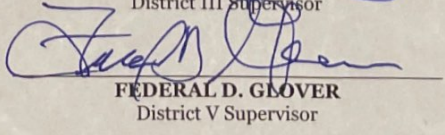
PASSED by a unanimous vote of the Board of Supervisors members present this 17th day of January 2023.


CANDACE ANDERSEN
District II Supervisor


JOHN GIOIA
Chair,
District I Supervisor


DIANE BURGIS
District III Supervisor


KEN CARLSON
District IV Supervisor

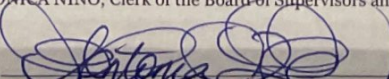

FEDERAL D. GLOVER
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: January 17, 2023

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  Deputy